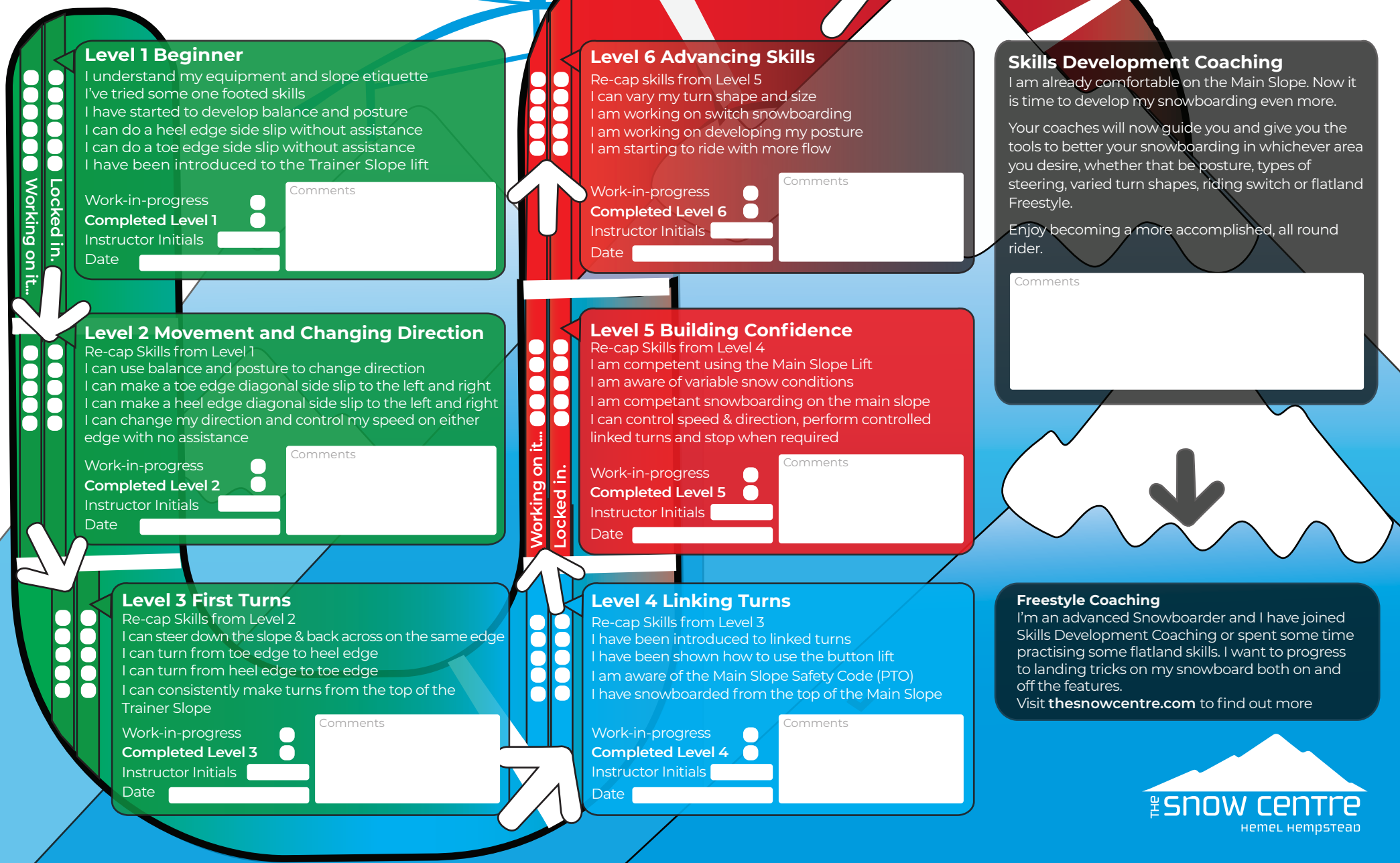


THE SNOW CENTRE

Snowboarder Learning Journey



Level 1 Beginner

I understand my equipment and slope etiquette
I've tried some one footed skills
I have started to develop balance and posture
I can do a heel edge side slip without assistance
I can do a toe edge side slip without assistance
I have been introduced to the Trainer Slope lift

Work-in-progress

Comments

Completed Level 1

Instructor Initials

Date

Working on it...

Locked in.

Level 2 Movement and Changing Direction

Re-cap Skills from Level 1
I can use balance and posture to change direction
I can make a toe edge diagonal side slip to the left and right
I can make a heel edge diagonal side slip to the left and right
I can change my direction and control my speed on either edge with no assistance

Work-in-progress

Comments

Completed Level 2

Instructor Initials

Date

Working on it...

Locked in.

Level 3 First Turns

Re-cap Skills from Level 2
I can steer down the slope & back across on the same edge
I can turn from toe edge to heel edge
I can turn from heel edge to toe edge
I can consistently make turns from the top of the Trainer Slope

Work-in-progress

Comments

Completed Level 3

Instructor Initials

Date

Working on it...

Locked in.

Level 6 Advancing Skills

Re-cap skills from Level 5
I can vary my turn shape and size
I am working on switch snowboarding
I am working on developing my posture
I am starting to ride with more flow

Work-in-progress

Comments

Completed Level 6

Instructor Initials

Date

Working on it...

Locked in.

Level 5 Building Confidence

Re-cap Skills from Level 4
I am competent using the Main Slope Lift
I am aware of variable snow conditions
I am competent snowboarding on the main slope
I can control speed & direction, perform controlled linked turns and stop when required

Work-in-progress

Comments

Completed Level 5

Instructor Initials

Date

Working on it...

Locked in.

Skills Development Coaching

I am already comfortable on the Main Slope. Now it is time to develop my snowboarding even more.

Your coaches will now guide you and give you the tools to better your snowboarding in whichever area you desire, whether that be posture, types of steering, varied turn shapes, riding switch or flatland Freestyle.

Enjoy becoming a more accomplished, all round rider.

Comments

Freestyle Coaching

I'm an advanced Snowboarder and I have joined Skills Development Coaching or spent some time practising some flatland skills. I want to progress to landing tricks on my snowboard both on and off the features.

Visit thesnowcentre.com to find out more